



Dolphina Gymnastics Centre

Members Joining Rules/ Terms & Conditions

By signing up to a course at Dolphina Gymnastics you are agreeing to our Terms & Conditions stated below. Please read carefully.

- 1) Dolphina uniform must be worn.
 - Pre-school T shirt leggings/Leotard/Socks
 - Recreational Dolphina leotard for girls.
 - Dolphina T-shirt with black/navy shorts for boys.
 - Competitive General Leotard for General Squad gymnasts. (Ordered through Dolphina.)
 - Artistic Squad Competition and training leotard. (Ordered through Dolphina.)Uniform can be purchased through Beats School Uniform. Please see reception for more details.
- 2) Any gymnast wishing to take clothing into the gym must have a draw string bag. (Can be purchased at reception.)
- 3) Please ensure only still water is taken into the gym.
- 4) Gymnasts who have newly pierced ears can only attend if:
 - Earing Declaration form is completed and signed by parent - Please see reception.
 - Micropore tape covering the earrings – Can be purchased at reception.
 - Stud earrings only will be permitted whilst healing.**After 6 weeks NO earrings will be permitted during training or competitions. Any gymnast refusing to remove earrings will not be permitted to train.**
- 5) For the safety of all our gymnasts and coaches NO jewellery or religious bands are permitted during training or competitions.
- 6) Long hair must be tied up. If ponytail is lower than shoulder height it must be tied into a plait or bun to avoid catching whilst training.
- 7) The gym is a busy place and coaches are all required to coach a group therefore any gymnast arriving after the warm-up has finished will not be permitted to train.
- 8) The use of foul language is not permitted in the centre.
- 9) Abuse towards staff will not be tolerated. Any member abusing staff will have their membership revoked and no refund will be offered.
- 10) Parking is limited, please do not obstruct the lorries. A parking permit will be provided and MUST be displayed to park in the carpark.
- 11) Dolphina is a members' only club, Dolphina membership is required to train at the centre.
- 12) British Gymnastics insurance is required for all gymnasts who are training. Any gymnast without a current BG insurance will not be permitted to train and no refund will be offered.
- 13) In the event classes are cancelled due to the centre being closed because of unforeseen circumstances i.e., extreme weather conditions, I understand this is out of the centre's control and that session will not be reimbursed.

By attending your first session at Dolphina you are agreeing that: you have read and agree to the above Terms & Conditions, you accept that all payments/courses are non-refundable or transferable, your child is fit for the sport of gymnastics, If any of these rules are broken, your memberships will be terminated, no refund will be offered.

With Parent classes only:

We strongly recommend that all gymnasts remove all jewellery and bands for the safety of the gymnast and coach.

However, gymnast attending a with parent class may wear “stud earrings only” by doing so the parent is accepting full responsibility for the gymnast’s ear and earring during training. No responsibility will be taken by the centre if the coach knocks the ear while supporting.

(The coach reserves the right to refuse certain activities if they feel it may put the gymnast at risk ie: supporting on bars.

All independent classes will require ALL jewellery “stud earrings included” to be removed.